

**DIRECTORATE OF PUBLIC INSTRUCTION
STATE SCHOOLS ATHLETICS TEAM
QUALIFYING MARKS 2009-10**

Events	Sr.Boys	Jr.Boys	S Jr.Boys	Sr.Girls	Jr.Girls	S.Jr.Girls
100	11.14s	11.39	12.10	12.58	12.98	13.81
200	23.19	22.94	25.46	26.64	27.21	27.66
400	50.78	52.2	54.39	1:00.38	1:01.69	1:04.99
600			1:30.16			1:45.91
800	1:59.81	2:01.99		2:27.85	2:31.84	
1500	4:03.87	4:17.0		4:58.13	5:00.40	
3000		9:15.06		11:14.0	10:39.6	
5000	15:24.48			18:31.97		
80MH			11.97			14.21
100MH		14.62		16.55	17.01	
110MH	15.88					
400MH	57.1			1:08.81		
3000MWalk					16:27.34	
5000MWalk	00:23:59s	24:38.13		29:08.45		
Long jump	6.54	6.61	5.70	5.13	4.96	4.81
High jump	1.85	1.80	1.60	1.50	1.53	1.43
Triple jump	14.24	13.43		10.82	10.70	
Pole vault	3.50m	3.10		2.40	2.20	
Shot	11.37	14.16	11.86	10.57	9.43	8.10
Discus	35.48	44.82	37.13	33.54	28.50	26.31
Javelin	54.90m	48.42		33.13	31.26	
Hammer	48.52	48.31		35.46		
Cross Country						
	Boys		14:48.0			
	Girls		09:50.0			

CHACKO JOSEPH
Organiser for Sports In Schools